



# YMCA Memberships

## Benefits of YMCA Adult and Student Memberships:

YMCA Membership is about total health in spirit, mind and body. As a member at one of Canada's leading charitable organizations, adults and students can also look forward to these membership benefits:

- Unlimited adult fitness and aquatics classes
- Access to programs at all YMCA of Hamilton/Burlington/Brantford facilities
- Free drop-in classes
- Discounted specialty program rates
- 2 free personal exercise programs annually
- Open gym time
- Open and lane swims
- Sauna
- Use of day lockers and General Change Rooms
- Unlimited guest passes
- Canada-wide YMCA usage

## Memberships for Children include:

- Unlimited drop-in programs
- One registered swim lesson
- Recreational swim and gym times
- Member's discount on certification programs
- Reduced rate for special holiday / March Break / PA Day branch programs

## Membership Rates

Membership	Monthly (+Tax)	Full Amount (+Tax)
Child & Youth * (up to 12 years)	\$30.50	\$330
Child & Youth Dependent*	\$21.50	\$258

Student (13 years +)	\$35.50	\$390
Student Dependent	\$25.50	\$306
Plus: Building Fee	\$30	\$30

Adult General	\$45.50	\$510
Adult General Spousal	\$33.50	\$402
Plus: Building Fee	\$100	\$100

Adult Only (18+)	\$62.50	\$714
Adult Only (18+) Spousal	\$52.50	\$630
Plus: Building Fee	\$100	\$100

\*Tax does not apply to Child & Youth memberships

## Building Your Family Membership Package

The first adult on the account pays regular membership price, while spouse and children pay the spousal / dependent rates.

Spousal and dependent memberships are for couples and for parents / guardians and their dependant children under 18 years of age or full time students under 25 years.

## Adult Only Membership (18+)

The Adult Only Change Room includes steam room, towel service and health and beauty supplies.

## General Change Rooms

General Change Rooms are for members of the same gender and for opposite gendered children up to age 3.

## Family / Special Needs Change Room

The Family / Special Needs Change Room is for:

- Mothers with sons
- Fathers with daughters
- Members with special needs

Bathing suits are worn in the shower.

## Building Fee

A one-time fee provided membership is continuous and does not lapse for more than six months. Non-refundable. One fee per family. Tax extra. The Building Fee is for the building and maintenance of high quality, YMCA facilities through capital improvements and refurbishment.

## Payment Options

Your YMCA membership fees can be paid through monthly pre-authorized chequing directly from a bank account or VISA or MasterCard. Membership can also be paid in full by cash, cheque, debit, VISA or MasterCard.

## Cancellation & Refund Policy

There is no cancellation fee, however, membership cards must be returned 5 days before your withdrawal date in order to cancel a membership. Refunds are completed upon written notification for any unused portion of prepaid membership. Please allow 2 – 3 weeks for processing.

## Membership Assistance

As a charitable organization, the YMCA strives to serve all segments of the community, including those with limited financial means. Donors to the YMCA make it possible.

If your current financial circumstances are limiting your ability to participate, financial assistance may be provided. Please contact us for more information. All inquiries will be held in strict confidence.

## Other Ways to Access the YMCA

Day Passes	
Drop-In Day Pass (13+ years)	\$10
Kids Pass* (3-12 years)	\$5

Public Swim	
Child	\$2.50
Student	\$2.50
Adult	\$3.50
Family (immediate family)	\$8

Aqua Passes	
Aquafit (20 classes)	\$100
Adult Swim Card (12 swims)	\$36

\* Valid for Open Gym, Open Swim times, and Drop-In programs not requiring registration

## Member Etiquette

As a YMCA member, I will help make the YMCA experience better for all by being considerate of others. I accept the responsibility to treat all people with caring, honesty, and respect.

## Fitness Centre Etiquette

As a YMCA member, I will...

- Ensure that all members have access to equipment by limiting my use to 30 minutes per piece of fitness equipment. I will use the sign up board provided and monitored by YMCA staff.
- I will help maintain a high standard of cleanliness for everyone by using the spray bottles provided to wipe down equipment after each use.
- I will return free weights to their stands after each use.
- I will offer to share strength conditioning equipment in between sets, when others are waiting to use it.

Fitness Centre access and fitness classes are for individuals 13 years of age or older.

## Youth Centre Etiquette

- Code of conduct in effect.
- Registration is required at the Membership Desk. A current photo on file is required.
- Parent contact information for the duration of the Youth Centre program is required.

Holidays and PA Days	
<p><b>Holidays</b></p> <ul style="list-style-type: none"> <li>• <i>Thanksgiving Day</i> - Monday, October 12th</li> <li>• <i>Boxing Day</i> - Saturday, December 26th</li> </ul> <p>Facility open 8am-5pm No programs or swim lessons running</p> <p><b>Main Pool:</b> Lane Swim 8-10am Open Swim 10am-4:30pm <b>Leisure Pool:</b> Open Swim 8am-4:30pm</p> <ul style="list-style-type: none"> <li>• <i>Christmas Day:</i> Friday, December 25th 11am-2pm No Programs or swim lessons running</li> <li>• <i>Christmas Eve:</i> Thursday Dec 24 <i>New Year's Eve:</i> Thursday Dec 31. Facility open 5:30am - 4pm Regular programs until 3:30pm.</li> </ul>	<ul style="list-style-type: none"> <li>• <i>New Years Day:</i> Friday, January 1st Facility open 11am-5pm No programs running</li> <li>• <b>Main Pool:</b> Lane Swim 11am-1pm, Open swim 1-4:30pm, <b>Leisure pool:</b> Open Swim 11am-4:30pm</li> <li>• <b>PA Days</b>-ages 6-12 years • Y Kids 1-4 pm. Members free. Non members \$5</li> </ul> <p>Friday, September 25th, 2009 Friday, November 16th, 2009 Friday, December 4th, 2009</p> <p><i>Holiday Program Schedule in effect unless otherwise posted in the branch</i></p>